
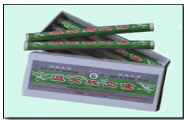








Products & Educational Resources

<p>Complementary therapies in pregnancy & childbirth: Downloadable Information leaflets for mothers</p> <p>CD includes: Raspberry leaf tea; Aromatherapy in pregnancy & labour; Using herbal remedies safely in pregnancy; Finding a therapist for pregnancy; Moxibustion to turn breech babies; What can I do to avoid induction?; Complementary therapies for labour pain; Using homeopathic arnica after delivery & others. £35 individual orders; £45 institutions / invoiced orders</p>	
	<p>Safety of Herbal Remedies in Pregnancy</p> <p>CD - an evidence-based guide to uses & safety of 60 herbal remedies in pregnancy & childbirth £15 individuals; £25 institutions / invoiced orders</p> <p>Available July 2006</p>
	<p>Coping with Sickness in Pregnancy</p> <p>Interactive CD ROM explains why pregnancy sickness occurs, offers advice on diet & lifestyle & explores ways in which complementary therapies & natural remedies may help, including ginger, homeopathic remedies, acupressure wristbands etc £11 – 99</p>
<p>Morningwell™ CD</p> <p>Up to 90% successful in easing morning sickness, especially when made worse by movement. Contains music with unheard pulsations which work by stimulating the balancing mechanism in the ear; must be used with personal headphones. Does not contain hypnotic suggestions £20 - 99</p>	
	<p>Seabands™ wristbands</p> <p>Originally designed to combat motion sickness, these bands work on an acupuncture point in the wrist - research shows them to be 70 % effective in reducing the severity of nausea & vomiting. £9 - 99</p>

Products & Educational Resources

<p style="text-align: center;">What to do if Your Baby is Breech</p> <p>Interactive CD ROM explains why some babies are breech & the pros & cons of medical options, as well as several alternative methods to turn the baby to head first, including moxibustion, ginger paste, homeopathic remedies, yoga, hypnosis etc £11 - 99</p>	
	<p style="text-align: center;">Breech Moxibustion pack</p> <p>Includes CD ROM <i>What to do if Your Baby is Breech</i>, moxibustion sticks & instructions for use. Not to be used without midwifery support £20</p>
<p style="text-align: center;">Essential oil kits for labour</p> <p>Presentation wooden box with essential oils of lavender, clary sage, grapefruit & spearmint, & peach kernel oil & aloe vera gel carriers. NB Clary sage not to be used before 37 weeks of pregnancy £24</p>	
	<p style="text-align: center;">Implementing Aromatherapy in Maternity Care: a Manual for Midwives & Managers</p> <p>Evidence-based working manual to help midwives implement aromatherapy; includes exercises, activities, case scenarios, extensive references & sources of further information & profiles of 15 essential oils suitable for use in pregnancy and/or labour. £35 individuals; £45 institutions / invoiced orders</p>
<p style="text-align: center;">Caring for Pregnant Clients: a Guide for Complementary Therapy Practitioners</p> <p>This Guide provides an overview of reproductive physio-pathology, maternity care in the UK & issues of relevance to complementary therapists treating pregnant, labouring or newly delivered mothers. £15</p>	
	<p style="text-align: center;">Online enquiry & mentor service for professionals</p> <p>Confidential online service for midwives, doctors & therapists wishing to discuss application of complementary therapies to the maternity care of specific clients or to request information on natural remedies or manual therapies in relation to pregnancy & childbirth. Single enquiry £10 Literature search £10 Annual subscription £45 (individuals); £365 (trusts / institutions)</p>

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